

# 2016 IPA METAL MILITIA POWER WARS

## MEET RESULTS (lbs) - August 13, South Glens Falls, NY - IPA Sanctioned

Name	Age	WT	Class	Div	SQUAT			BENCH			DEADLIFT			TOTAL	Points
					1	2	3	1	2	3	1	2	3		

### WOMEN - FULL POWER - Raw

Sally McGuirk	57	121	123	Master - Am	145	160	180	85	105	110	230	<del>250</del>	250	540	
Kerri Fino	17	198	198	Teen Am	225	275	335	120	<del>140</del>	140	260	280	325	800	

### MEN - FULL POWER - Raw

John Luppy	69	163	165	Master -Am	235	260	275	100	140	<del>155</del>	270	300	<del>320</del>	715	
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### MEN - Dead Lift Only - Raw

Dave Shephard	75	216	220	Master - Am							410	430	450	450	
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**BLUE TEXT INDICATES AN IPA WORLD RECORD**

**RESULTS REFLECT ACTIVE IPA MEMBERS ONLY**